LA Rams vs Seattle - Last 25 Years Matchups

Year Played	Rank		Line on Game	Total on Game	Points		- - SITE - -	LA Rams								Seattle								Turnovers	Game Grade	Home Team	Total	Upset?	Net Yards
										Rushing			Passing					Rushing			Passing									
	LA Rams	Seattle			LA Rams	Seattle	Home, Away or Neutral (†)	OFF YDS	OFF FD	Attemps	Yards	Average	Comp	Attempts	Yards	Sks	DEF YDS	DEF FD	Attemps	Yards	Average	Comp	Attempts	Yards	Sks By						
2025	#-3		-3.0	48.5	21-19		Seattle	249	12	22-119	5.4		15-28	130	0	414	26	35-135	3.9		29-44	279	0	3	88.5	Win	Under		-165
2025	#1.5		1.5	43	37-38		at Seattle	581	26	39-124	3.2		29-49	457	0	415	22	25-171	6.8		22-34	244	4	3	101.6	Win	Over		166
2025	#2.5		2.5	46.5	27-31		at Seattle	479	26	22-114	5.2		22-35	365	1	396	24	26-75	2.9		25-36	321	3	-1	93.3	Win	Over		83
2024	#-1.5		-1.5	48	26-20		at Seattle	366	22	24-68	2.8		25-44	298	0	424	20	33-107	3.2		21-34	317	7	2	86.3	Loss	Under		-58
2024	#7		7.0	38.5	25-30		Seattle	403	20	21-84	4.0		27-41	319	3	336	18	24-126	5.3		20-27	210	2	-1	84.0	Loss	Over		67
2023	#5		5.0	46	30-13		at Seattle	426	27	40-92	2.3		24-38	334	0	180	13	18-85	4.7		16-26	112	2	0	99.7	Loss	Under	Upset	246
2023	#-1.5		-1.5	46.5	17-16		Seattle	267	20	27-82	3.0		17-31	190	1	291	16	21-68	3.2		24-40	236	2	0	81.0	Win	Under		-24
2022	#6.5		6.5	41	23-27		Seattle	319	20	33-171	5.2		14-26	178	4	438	25	22-90	4.1		28-39	367	4	0	78.2	Loss	Over		-119
2022	#5.5		5.5	41.5	16-19		at Seattle	269	14	28-146	5.2		13-26	147	5	402	22	36-197	5.5		19-31	213	3	1	83.6	Win	Under		-133
2021	#-2.5		-2.5	54.5	26-17		at Seattle	476	24	29-118	4.1		25-37	365	1	354	22	25-92	3.7		21-33	283	2	1	90.8	Loss	Under		122
2021	#-6.5		-6.5	46.5	20-10		Seattle	332	20	29-123	4.2		21-29	244	4	214	13	19-80	4.2		17-31	156	3	0	89.5	Win	Under		118
2020	#-2.5		-2.5	54.5	23-16		Seattle	389	24	29-106	3.7		27-37	302	3	333	20	22-113	5.1		22-37	248	6	1	88.6	Win	Under		56
2020	#1.5		1.5	47.5	9-20		at Seattle	334	20	29-118	4.1		24-43	234	3	292	15	24-95	4.0		20-32	225	5	-1	85.0	Win	Under		42
2020	#3		3.0	42.5	30-20		at Seattle	333	16	43-164	3.8		12-25	184	3	278	11	25-136	5.4		11-27	174	5	2	90.7	Loss	Over	Upset	55
2019	#1		1.0	49.5	29-30		at Seattle	477	24	18-82	4.6		29-49	395	0	429	25	43-167	3.9		17-23	268	1	-1	82.8	Win	Over		48
2019	#0		0.0	47	28-12		Seattle	455	26	35-162	4.6		22-32	293	0	308	16	21-106	5.1		22-36	245	5	-1	88.7	Win	Under		147
2018	#-7.5		-7.5	50	33-31		at Seattle	468	30	30-155	5.2		23-32	321	1	373	20	32-190	5.9		13-21	198	2	-2	88.3	Loss			95
2018	#-9.5		-9.5	51	36-31		Seattle	456	25	23-149	6.5		28-39	318	2	414	29	34-273	8.0		17-26	176	4	1	87.8	Win			42
2017	#-1.5		-1.5	47.5	10-16		Seattle	375	21	22-100	4.5		22-47	275	2	241	15	25-62	2.5		24-38	179	3	-3	89.7	Loss	Under	Upset	134
2017	#1		1.0	47.5	42-7		at Seattle	352	19	43-244	5.7		15-23	108	2	149	11	17-78	4.6		14-30	71	7	1	103.3	Loss	Over	Upset	203
2016	#5		5.0	37.5	9-3		Seattle	283	17	25-64	2.6		19-30	239	3	306	17	24-67	2.8		22-35	254	2	1	85.6	Win	Under	Upset	-23
2016	#16		16.0	39	3-24		at Seattle	183	13	11-47	4.3		18-35	167	4	299	19	30-72	2.4		19-26	229	2	1	76.5	Win	Under		-116
2015	#3.5		3.5	41	34-31		Seattle	352	19	26-76	2.9		18-24	297	2	343	21	32-124	3.9		32-41	251	6	-2	88.6	Win		Upset	9
2015	#12		12.0	40	23-17		at Seattle	207	14	30-104	3.5		14-23	103	0	313	18	22-60	2.7		25-41	289	4	3	91.9	Loss		Upset	-106
2014	#6.5		6.5	43.5	28-26		Seattle	275	18	27-102	3.8		18-21	173	0	463	25	29-171	5.9		23-36	292	3	0	86.0	Win	Over	Upset	-188
2014	#11.5		11.5	41.5	6-20		at Seattle	245	15	19-42	2.2		26-37	203	4	354	16	34-132	3.9		17-25	222	3	-1	84.7	Win	Under		-109
2013	#11		11.0	42.5	9-14		Seattle	339	23	37-200	5.4		15-31	139	3	135	7	15-44	2.9		10-18	91	7	-2	89.5	Loss	Under		204
2013			12.0	42	9-27		at Seattle	158	11	18-13	0.7		21-30	145	2	269	20	36-111	3.1		15-23	158	4	-2	81.5	Win	Under		-111
2012			3.0	39	19-13		Seattle	286	15	27-75	2.8		17-31	211	2	319	19	34-179	5.3		17-25	140	2	2	86.2	Win	Under	Upset	-33
2012			11.5	42.5	13-20		at Seattle	331	20	19-79	4.2		25-42	252	0	362	17	30-153	5.1		15-19	209	6	-1	82.2	Win	Under		-31
2011			-3.0	40	7-24		Seattle	185	13	17-42	2.5		20-40	143	5	289	16	39-126	3.2		15-25	163	4	-1	68.5	Loss		Upset	-104
2011			9.0	38.5	13-30		at Seattle	281	19	31-114	3.7		12-29	167	3	359	21	32-145	4.5		21-34	214	2	0	73.0	Win			-78
2010			2.0	40.5	20-3		Seattle	349	19	28-88	3.1		23-41	261	4	257	15	24-64	2.7		21-37	193	4	1	86.8	Win		Upset	92
2010			-3.0	41.5	6-16		at Seattle	184	10	15-47	3.1		19-36	137	3	333	19	35-141	4.0		22-36	192	0	0	66.9	Win		Upset	-149
2009			7.5	41	0-28		at Seattle	247	13	18-77	4.3		17-36	170	3	446	25	34-167	4.9		25-36	279	0	2	52.1	Win			-199
2009			4.0	42.5	17-27		Seattle	364	23	28-113	4.0		28-46	251	4	265	15	31-170	5.5		14-25	95	1	-1	66.4	Loss			99
2008			9.5	44	13-37		at Seattle	240	14	24-65	2.7		18-31	175	1	407	24	46-245	5.3		12-20	162	1	-1		Win			-167
2008	#2.5		2.5	42	20-23		Seattle	342	18	31-131	4.2		20-33	211	1	333	16	27-125	4.6		15-25	208	3	0		Loss			9
2007	#8.5		8.5	39.5	6-33		at Seattle	221	15	17-53	3.1		21-40	168	7	289	19	32-100	3.1		18-35	189	1	-4		Win			-68
2007	#3.5		3.5	44.5	19-24		Seattle	265	17	31-104	3.4		23-37	161	4	302	18	19-87	4.6		21-38	215	5	0		Loss			-37
2006	#3		3.0	45	28-30		Seattle	368	21	22-59	2.7		26-39	309	6	364	20	28-125	4.5		19-34	239	4	-1		Loss			4
2006			3.0	43.5	22-24		at Seattle	299	18	20-108	5.4		26-40	191	4	283	19	26-160	6.2		15-23	123	6	1		Win			16
2005			-2.5	48	31-37		Seattle	386	20	17-77	4.5		26-40	309	4	433	26	30-134	4.5		27-38	299	4	-2		Loss		Upset	-47
2005			6.5	51.5	16-31		at Seattle	353	22	21-75	3.6		28-40	278	3	417	21	36-174	4.8		17-29	243	0	0		Win			-64
2004			7.0	44	33-27		at Seattle	441	21	24-124	5.2		24-42	317	2	391	20	30-187	6.2		20-35	204	1	-3		Loss		Upset	50
2004			1.5	50.5	23-12		Seattle	462	24	31-202	6.5		23-34	260	1	372	20	28-206	7.4		15-36	166	1	0		Win		Upset	90
2004	#3		3.0	50.5	27-20		Seattle	396	22	27-102	3.8		18-32	294	5	413	24	20-81	4.1		27-43	332	3	0		Win	Under	Upset	-17
2003	#3		3.0	47.5	23-24		at Seattle	308	19	28-82	2.9		21-34	226	0	316	20	22-96	4.4		22-39	220	4	-1		Win			-8
2003	#-6.5		-6.5	51.5	27-22		Seattle	316	21	30-86	2.9		20-32	230	1	366	22	27-135	5.0		21-37	231	2	0		Win			-50
2002	#-5.5		-5.5	44.5	37-20		Seattle	478	28	42-218	5.2		22-40	260	1	290	13	16-50	3.1		10-30	240	3	1		Win			188
2002	#1.5		1.5	47	10-30		at Seattle	271	17	15-17	1.1		32-49	254	2	392	26	34-100	2.9		20-32	292	2	-4		Win			-121
2000	#-8		-8.0	46.5	37-34		at Seattle	476	28	22-97	4.4		35-47	379	1	340	24	24-101	4.2		20-31	239	3	2		Loss			136